



# ODISHA STATE TAEKWONDO CHAMPIONSHIP - 2025

## KYORUGI & POOMSAE

Date: 31st October to 2nd November'2025(Three Days)

Venue: Jawaharlal Nehru Indoor Stadium, Cuttack

18 District Association & 70 Academy are participating.

### Outline – Information & Rules for Participation

Event Published Date: 20-09-2025

#### Weight Category & Poomsae Syllabus

For Super Sub Junior,Sub-Junior,Cadet,Junior & Senior  
Kyorugi & Poomsae Event-2025

Date of Event: 31<sup>st</sup> October to 2<sup>nd</sup> November'2025.

Venue:Jawaharlal Nehru Indoor Stadium, Cuttack

Event publication: OTA Website: [www.odishataekwondoassociation.com](http://www.odishataekwondoassociation.com)

### OUTLINES RULES & REGULATIONS - KYORUGI & POOMSAE

1.Competition Name	<b>Odisha State Kyorugi &amp; Poomsae Taekwondo Championship-2025</b>
2.Registration of Team	<b>Only Online Registration starts on 1<sup>st</sup> October' 2025 at 10.00am onwards.</b> <b>Last Date of Entry is 25<sup>th</sup> October'2025</b>
3.Competition Date	31 <sup>st</sup> October to 2 <sup>nd</sup> November'2025
4.Venue	Jawaharlal Nehru Indoor Stadium,Cuttack
5.Organiser	<b>ODISHA TAEKWONDO ASSOCIATION (OTA)</b> Office Address:Kalpana Sagar Complex,Flat No.C/103, Sipasarubali, Baliapanda,Post/Dist-Puri,PIN-752001,Odisha <b>Website :<a href="http://www.odishataekwondoassociation.com">www.odishataekwondoassociation.com</a></b> <b>Email:<a href="mailto:eventsota@gmail.com">eventsota@gmail.com</a></b> Mobile : 9338449446 /7008130771
6.Contact Person	<b>Mr.Manmohan Bhanja,General Sectretary,OTA</b> Mobile No.93388449446 <b>Mr.Nisar Ahmad,President,Cuttack District</b> Mobile No.9040502786 <b>Mr.Alok Choudhury,Secretary,Cuttack District</b> Mobile No.7735255203

7.Events	KYORUGI & POOMSAE
8.Contest Time	Best of 3 system [1 minute x 2 (3) rounds with 30second break]
9.Competition Category	1. Super Sub-Junior(Boys/Girls) 2.Sub Junior(Boys/Girls) 3.Cadet(Boys/Girls) 4.Junior(Boys/Girls) 5.Senior(Male/Female)
10..Age Category	<p><b><u>Age will be decided on basis of Year only</u></b></p> <p>1. Super Sub Junior aged 4-7years old (based on 31-12-2025 born between 01-01-2018 to-31-12-2022)</p> <p>1. Sub-Junior aged 8-11 years old (based on 31-12-2025 born between 01-01-2014 to 31-12-2017)</p> <p>2. Cadet aged between 12 to 14 years old (based on 31-12-2025 born between 01-01-2011 to 31-12-2013)</p> <p>3. Junior aged 15-17 years old based on 31-12-2025 born between 2008 to 2010.</p> <p>4. Senior aged above 17 years old based on 31-12-2025 born on 2007 and before.</p>
11.Competition Rules	NEW WT Rules Method of Competition : Single Elimination Tournament System
12.Drawing of lots	<b><i>Drawing of lots /Fixture</i></b> shall be done on <b>KIHAP SOFTWARE SYSTEM.</b>
13.Weigh-in	<b>Weigh-in</b> will be conducted on <b><u>30<sup>th</sup> October 2025</u></b> after the registration of team is completed on 30-10-205 from 10.00am onward to 6.00pm. Original Birth Certificate, Government Hospital Age Certificate, & OTA ID Card should be produced at the time of Weigh-in. <b><u>“PHYSICAL WEIGH IN IS COMPULSORY”</u></b>
14.Competition Mode	Using of PSS /ESS SYSTEM, IF NEED, MANNUAL MAY BE APPLIED.
15.Uniform (Participants)	<u>Taekwondo Dobok(Uniform)</u> Kyorugi event:-White TKD Uniform Poomsae even:- Different Poomsae Uniform for respective age group/White TKD Uniform is also applicable.
16.Uniform (Coach/Manager)	Coaches/Managers-Tracksuit & Sports Shoes( <b>COMPULSORY</b> )
17.Coach Identity	Coach must enter the Contest Area with proper tracksuit, Sports Shoe & <b>Coach ID Card</b> issued by Organizing Committee. No coach will be allowed inside arena without Coach ID Card.
18. Clinic for Technical Official	Referee clinic will be held at 6.00pm on 30-10-2025 (All Technical Official must wear Tracksuit during clinic)
19.Official Meeting	Coaches & Managers Meeting will be held at <b>5.00PM</b> <b>On 30-10-2025 at Venue.</b>
20.Fooding	<b><i>Fooding will be provided by Organizing Committee from 31-10-2025 &amp; 02-11-2025@Breakfast/lunch/Dinner.</i></b>
21.Boarding	Organizer will provide the Dormitory type accommodation for Athletes/Coaches/Technical Officials/OTA Officials from 30 <sup>th</sup> October to 2 <sup>nd</sup> November Morning (8.00am)-2025.

22.Qualification	<p><u>Without registration of Athlete with OTA, No entry will be accepted at any cost.</u></p> <ol style="list-style-type: none"> <li>1. The copy of Corporation / Municipal Birth Certificate /Aadhar Card</li> <li>2.Holder of Web ID issued by OTA.</li> <li>3. Holder of Kukkiwon 1st Dan &amp; above Black Belt Certificate.</li> <li>4. Only Gold, Silver Medallists of District Championships-2025 will be allowed through District Association.</li> </ol>				
23.Age Fraud Certificate	<p>The Participants should obtain Age Certificate from a Government Hospital Doctor and copy of same should be attached along-with the Application Form and should be shown in original at the time of Weigh-in. The participants, who have not obtained the <b>AGE CERTIFICATE</b>, will not be allowed to participate in the Championship.</p>				
24.Entry Fee	<table border="1" data-bbox="536 676 1394 866"> <tr> <td data-bbox="536 676 743 810"><b>Competition Registration Fees</b></td><td data-bbox="743 676 1394 810"><b>PER ATHLETE PER EVENT</b></td></tr> <tr> <td data-bbox="536 810 743 866"><b>2000/-</b></td><td data-bbox="743 810 1394 866"><b>300/-</b></td></tr> </table>	<b>Competition Registration Fees</b>	<b>PER ATHLETE PER EVENT</b>	<b>2000/-</b>	<b>300/-</b>
<b>Competition Registration Fees</b>	<b>PER ATHLETE PER EVENT</b>				
<b>2000/-</b>	<b>300/-</b>				
24.Team Entries	<p>Players: <b>Only Gold, Silver Medallists</b> of Kyorugi &amp; Poomsae event from <b><u>Official District Taekwondo Championships</u></b> conducted in the year 2025.</p> <p><u>Each Club One Coach</u></p> <p>District Association</p> <p><b>For Kyorugi Event</b></p> <ol style="list-style-type: none"> <li>1. Coach-2, Manager-2 (One Female/ Attendant ,Coach/Manager/ Must accompany with team)</li> </ol> <p><b>For Poomsae Event</b></p> <ol style="list-style-type: none"> <li>2. Coach-2, Manager-2 (One Female Coach/Manager Must accompany with team)</li> </ol>				
25.Equipments	<ol style="list-style-type: none"> <li>a) The organizer will provide <b>PSS-Chest guard, PSS- Head-Gear &amp; Sensor Socks only.</b></li> <li>b) Super Sub Junior &amp; Sub Junior must bring their own chest Guard/Head Guard/ all personal equipments</li> <li>b) The contestants should wear their own OTA/WT approved groin guard, forearm guard, Mouth Guard &amp; shin guard compulsorily.</li> <li>c) <b>*COACHES MUST BRING THEIR OWN CHEST GUARDS/HEAD GUARDS FOR THEIR PLAYERS ALONGWITH OTHER PERSONAL EQUIPMENTS.</b></li> </ol>				
26.Condition of Participations	<ol style="list-style-type: none"> <li>a). ONLY <b>Online Team Registration is accepted.</b></li> <li>b) <b>A Security Deposit of Rs.1000/-</b> should be deposited by each team at the time of Registration which will be refunded during departure after clearing any loss or damage cost of Stadium property, if any.</li> </ol>				

	<p><b>MEDALS</b> will be awarded to the <b>TOP FOUR ATHLETES</b> in the respective classifications and weight divisions of the pertinent championships:</p> <table border="1" data-bbox="641 159 1267 428"> <thead> <tr> <th>POSITION</th><th>MEDAL</th></tr> </thead> <tbody> <tr> <td>1st Place</td><td>Gold</td></tr> <tr> <td>2nd Place</td><td>Silver</td></tr> <tr> <td>3rd Place</td><td>Bronze</td></tr> <tr> <td>4th Place</td><td>Bronze</td></tr> </tbody> </table> <p><b>TEAM AWARDS</b> Based on the points system below ,the Top Two Teams each from Kyorugi and Poomsae will receive trophies:-</p> <table border="1" data-bbox="620 579 1287 736"> <thead> <tr> <th>MEDAL</th><th>NO.OF POINTS AWARDED</th></tr> </thead> <tbody> <tr> <td>For Gold Medal</td><td>120</td></tr> <tr> <td>For Silver Medal</td><td>50</td></tr> <tr> <td>For Bronze Medal</td><td>20</td></tr> </tbody> </table> <p><b>Merit &amp; Participation Certificate will be awarded to all Participants, Referees &amp; Officials.</b></p>	POSITION	MEDAL	1st Place	Gold	2nd Place	Silver	3rd Place	Bronze	4th Place	Bronze	MEDAL	NO.OF POINTS AWARDED	For Gold Medal	120	For Silver Medal	50	For Bronze Medal	20
POSITION	MEDAL																		
1st Place	Gold																		
2nd Place	Silver																		
3rd Place	Bronze																		
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MEDAL	NO.OF POINTS AWARDED																		
For Gold Medal	120																		
For Silver Medal	50																		
For Bronze Medal	20																		
28.Appointment of Technical Officials	<p>The required number of Officials will be appointed from OTA. These Officials will be provided Boarding &amp; Lodging (Hotel) on 30<sup>th</sup> (10.00am) October to 2<sup>nd</sup> November 2025 Morning 8.00am.</p> <p><b><u>Remuneration will be provided as per OTA norms &amp; conditions</u></b></p> <p><b><u>Reporting Time of Technical Official:</u></b> <b>10.30AM on 30th October'2025</b></p>																		
29.Indemnities	<p>It shall be full responsibility of the respective District Associations to ensure that their contestants have validly completed the participation forms and have them signed by the Parents / Guardian and Contestants indemnifying the organizers, the officials and other contestants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championship or any activities thereto.</p>																		
30.Medical Control	<p>a) Use of drugs or doping by any chemical substances prescribed in the WTF regulations for doping control is strongly prohibited.</p> <p>b) The OTA will carry out medical doping test among the winners at random sampling and any winner who refuses to undergo the testing or who proves to have committed a breach of this regulation shall be removed from the final standings, and a disciplinary action will be taken</p>																		
31.Protest if any	<p>In case, there is objection towards a judgment, the concerned Coach / Manager must submit the protest application form together with prescribed fee of <b>Rs. 1000.00</b> (non-refundable) to the board of arbitration within ten minutes after the pertinent contest. Deliberation will be done as per WT rules</p>																		
32.Entry Fee Payment System	<p>The entry fee must be deposited by Cash at Registration Desk at venue on 30<sup>th</sup> October'2025.</p>																		
33.Reporting Time	<p>All Players/Coaches/Managers 30th October'2025 at 1:00 PM</p>																		

34.Guardian/Parents	Guardians & Parents will NOT be allowed to stay with players and in STADIUM but They may be allowed to have fooding with Team by paying @500/- for Fooding if interest.
35.WHATSAPP GROUP	<b>OTA COACH &amp; CLUB HEAD Whatsapp Group</b> shall be used for this event to share update Information time to time as it requires. Everyone is requested to stay/update on information circulated in whatsapp group.

### Memorandum

OTA has reserves the right to make any changes or rectification in above outlines

If found necessary before the Championship.

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#WeAreOdishaTaekwondoAssociation  
# WeAreTeamOdishaTaekwondoAssociation  
#WeAreTeamOTA

## Odisha State Taekwondo Championship-2025

Date:30th October to 2nd November'2025

Venue:Jawaharlal Nehru Indoor Stadium,Cuttack

### COMPETITION SYLLABUS for POOMSAE EVENT

Competition	Division	Compulsory Poomsae
SUPER SUB JUNIOR		
Individual, Pair & Group	Taegeuk 1,2	
SUB JUNIOR		
Individual, Pair & Group	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang	
CADET		
Individual, Pair & Group	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang,Taebak	
JUNIOR		
Individual, Pair & Group	Taeguk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon	
SENIOR		
INDIVIDUAL	Under 30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin,Jitae
	Under 40	Shipjin,Jitae
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taebak Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
Pair	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
Team	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon

# Odisha State Taekwondo Championship-2025

Date:30th October to 2<sup>nd</sup> November 2025

## **WEIGHT CATEGORY for KYORUGI EVENT**

### **SENIOR**

SR.NO	Weight Category	SENIOR MEN	Weight Category	SENIOR WOMEN
1	Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46kg
2	Under 58kg	Over 54kg & not exceeding 58kg	Under 49kg	Over 46kg & not exceeding 49kg
3	Under 63kg	Over 58kg & not exceeding 63kg	Under 53kg	Over 49kg & not exceeding 53kg
4	Under 68kg	Over 63kg & not exceeding 68kg	Under 57kg	Over 53kg & not exceeding 57kg
5	Under 74kg	Over 68kg & not exceeding 74kg	Under 62kg	Over 57kg & not exceeding 62kg
6	Under 80kg	Over 74kg & not exceeding 80kg	Under 67kg	Over 62kg & not exceeding 67kg
7	Under 87kg	Over 80kg & not exceeding 87kg	Under 73kg	Over 67kg & not exceeding 73kg
8	Over 87kg	Over 87kg	Over 73kg	Over 73kg

### **JUNIOR**

SR.NO	Weight Category	JUNIOR BOYS	Weight Category	JUNIOR GIRLS
1	Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg
2	Under 48kg	Over 45kg & not exceeding 48kg	Under 44kg	Over 42kg & not exceeding 44kg
3	Under 51kg	Over 48kg & not exceeding 51kg	Under 46kg	Over 44kg & not exceeding 46kg
4	Under 55kg	Over 51kg & not exceeding 55kg	Under 49kg	Over 46kg & not exceeding 49kg
5	Under 59kg	Over 51kg & not exceeding 59kg	Under 52kg	Over 49kg & not exceeding 52kg
6	Under 63kg	Over 59kg & not exceeding 63kg	Under 55kg	Over 52kg & not exceeding 55kg
7	Under 68kg	Over 63kg & not exceeding 68kg	Under 59kg	Over 55kg & not exceeding 59kg
8	Under 73kg	Over 68kg & not exceeding 73kg	Under 63kg	Over 59kg & not exceeding 63kg
9	Under 78kg	Over 73kg & not exceeding 78kg	Under 68kg	Over 63kg & not exceeding 68kg
10	Over 78kg	Over 78kg	Over 68kg	Over 68kg

## **CADET**

SR.NO	Weight Category	CADET BOYS	Weight Category	CADET GIRLS
1	Under 33Kg	Not Exceeding 33Kg.	Under 29Kg	Not Exceeding 29Kg.
2	Under 37Kg	Over 33Kg & Not Exceeding 37Kg.	Under 33Kg	Over 29Kg & Not Exceeding 33Kg
3	Under 41Kg	Over 37Kg & Not Exceeding 41Kg.	Under 37Kg	Over 33Kg & Not Exceeding 37Kg
4	Under 45Kg	Over 41Kg & Not Exceeding 45Kg.	Under 41Kg	Over 37Kg & Not Exceeding 41Kg.
5	Under 49Kg	Over 45Kg & Not Exceeding 49Kg.	Under 44Kg	Over 41Kg & Not Exceeding 44Kg.
6	Under 53Kg	Over 49Kg & Not Exceeding 53Kg.	Under 47Kg	Over 44Kg & Not Exceeding 47Kg
7	Under 57Kg	Over 53Kg & Not Exceeding 57Kg.	Under 51Kg	Over 47Kg & Not Exceeding 51Kg.
8	Under 61Kg	Over 57Kg & Not Exceeding 61Kg.	Under 55Kg.	Over 51Kg & Not Exceeding 55Kg.
9	Under 65Kg	Over 61Kg & Not Exceeding 65Kg.	Under 59Kg.	Over 55Kg & Not Exceeding 59Kg.
10	Over 65Kg	Over 65Kg.	Over 59Kg.	Over 59Kg

## **SUB JUNIOR**

SR.NO	Weight Category	SUB JUNIOR BOYS	Weight Category	SUB JUNIOR GIRLS
1	Under 18kg	Not exceeding 18kg	Under 16kg	Not exceeding 16kg
2	Under 21kg	Over 18kg & Not exceeding 21kg	Under 18kg	Over 16kg & Not exceeding 18kg
3	Under 23kg	Over 21kg & Not exceeding 23kg	Under 20kg	Over 18kg & Not exceeding 20kg
4	Under 25kg	Over 23kg & Not exceeding 25kg	Under 22kg	Over 20kg & Not exceeding 22kg
5	Under 27kg	Over 25kg & Not exceeding 27kg	Under 24kg	Over 22kg & Not exceeding 24kg
6	Under 29kg	Over 27kg & Not exceeding 29kg	Under 26kg	Over 24kg & Not exceeding 26kg
7	Under 32kg	Over 29kg & Not exceeding 32kg	Under 29kg	Over 26kg & Not exceeding 29kg
8	Under 35kg	Over 32kg & Not exceeding 35kg	Under 32kg	Over 29kg & Not exceeding 32kg
9	Under 38kg	Over 35kg & Not exceeding 38kg	Under 35kg	Over 32kg & Not exceeding 35kg
10	Under 41kg	Over 38kg & Not exceeding 41kg	Under 38kg	Over 35kg & Not exceeding 38kg
11	Under 44kg	Over 41kg & Not exceeding 44kg	Under 41kg	Over 38kg & Not exceeding 41kg
12	Under 50kg	Over 44kg & Not exceeding 50kg	Under 47kg	Over 41kg & Not exceeding 47kg
12	Over 50kg	Over 50kg	Over 47kg	Over 47kg

## **SUPER SUB JUNIOR**

SR.NO	Weight Category	SUB JUNIOR BOYS	Weight Category	SUB JUNIOR GIRLS
1	Under 14kg	Not exceeding 14kg	Under 12kg	Not exceeding 12kg
2	Under 16kg	Over 14kg & Not exceeding 16kg	Under 14kg	Over 12kg & Not exceeding 14kg
3	Under 18kg	Over 16kg & Not exceeding 18kg	Under 16kg	Over 14kg & Not exceeding 16kg
4	Under 20kg	Over 18kg & Not exceeding 20kg	Under 18kg	Over 16kg & Not exceeding 18kg
5	Under 22kg	Over 20kg & Not exceeding 22kg	Under 20kg	Over 18kg & Not exceeding 20kg
6	Under 24kg	Over 22kg & Not exceeding 24kg	Under 22kg	Over 20kg & Not exceeding 22kg
7	Under 26kg	Over 24kg & Not exceeding 26kg	Under 24kg	Over 22kg & Not exceeding 24kg
8	Under 28kg	Over 26kg & Not exceeding 28kg	Under 26kg	Over 24kg & Not exceeding 26kg
9	Under 30kg	Over 28kg & Not exceeding 30kg	Under 28kg	Over 26kg & Not exceeding 28kg
10	Under 32kg	Over 30kg & Not exceeding 32kg	Under 30kg	Over 28kg & Not exceeding 30kg
11	Under 34kg	Over 32kg & Not exceeding 34kg	Under 32kg	Over 30kg & Not exceeding 32kg
12	Under 36kg	Over 34kg & Not exceeding 36kg	Under 34kg	Over 32kg & Not exceeding 34kg
13	Under 40kg	Over 36kg & Not exceeding 40kg	Under 39kg	Over 34kg & Not exceeding 39kg
14	Under 44kg	Over 40kg & Not exceeding 44kg	Under 42kg	Over 39kg & Not exceeding 42kg
15	Under 49kg	Over 44kg & Not exceeding 49kg	Under 46kg	Over 42kg & Not exceeding 46kg
16	Over 49kg	Over 49kg	Over 46kg	Over 46kg

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