



| Outline – Information & Rules for Participation | |
|--|--|
| Event Published Date: 20-09-2025 | |
| Weight Category & Poomsae Syllabus | |
| For Super Sub Junior,Sub-Junior,Cadet,Junior & Senior Kyorugi & Poomsae Event-2025 | |
| Date of Event: 31 st October to 2 nd November’2025. | |
| Venue:Jawaharlal Nehru Indoor Stadium, Cuttack | |
| Event publication: OTA Website: www.odishataekwondoassociation.com | |

| OUTLINES RULES & REGULATIONS - KYORUGI & POOMSAE | |
|---|---|
| 1.Competition Name | Odisha State Kyorugi & Poomsae Taekwondo Championship-2025 |
| 2.Registration of Team | Only Online Registration starts on 1st October’ 2025 at 10.00am onwards. Last Date of Entry is 25th October’2025 |
| 3.Competition Date | 31 st October to 2 nd November’2025 |
| 4.Venue | Jawaharlal Nehru Indoor Stadium,Cuttack |
| 5.Organiser | ODISHA TAEKWONDO ASSOCIATION (OTA) Office Address:Kalpana Sagar Complex,Flat No.C/103, Sipasarubali, Baliapanda,Post/Dist-Puri,PIN-752001,Odisha Website :www.odishataekwondoassociation.com Email:eventsota@gmail.com Mobile : 9338449446 /7008130771 |
| 6.Contact Person | Mr.Manmohan Bhanja,General Secretary,OTA Mobile No.93388449446 Mr.Nisar Ahmad,President,Cuttack District Mobile No.9040502786 Mr.Alok Choudhury,Secretary,Cuttack District Mobile No.7735255203 |

| | |
|-----------------------------------|---|
| 7.Events | KYORUGI & POOMSAE |
| 8.Contest Time | Best of 3 system [1 minute x 2 (3) rounds with 30second break] |
| 9.Competition Category | 1. Super Sub-Junior(Boys/Girls) 2.Sub Junior(Boys/Girls) 3.Cadet(Boys/Girls) 4.Junior(Boys/Girls) 5.Senior(Male/Female) |
| 10..Age Category | <u>Age will be decided on basis of Year only</u> 1. Super Sub Junior aged 4-7years old (based on 31-12-2025 born between 01-01-2018 to-31-12-2022) 1. Sub-Junior aged 8-11 years old (based on 31-12-2025 born between 01-01-2014 to 31-12-2017) 2. Cadet aged between 12 to 14 years old (based on 31-12-2025 born between 01-01-2011 to 31-12-2013) 3. Junior aged 15-17 years old based on 31-12-2025 born between 2008 to 2010. 4. Senior aged above 17 years old based on 31-12-2025 born on 2007 and before. |
| 11.Competition Rules | NEW WT Rules Method of Competition : Single Elimination Tournament System |
| 12.Drawing of lots | <i>Drawing of lots /Fixture</i> shall be done on KIHAP SOFTWARE SYSTEM. |
| 13.Weigh-in | Weigh-in will be conducted on <u>30th October 2025</u> after the registration of team is completed on 30-10-205 from 10.00am onward to 6.00pm. Original Birth Certificate, Government Hospital Age Certificate, & OTA ID Card should be produced at the time of Weigh-in. “PHYSICAL WEIGH IN IS COMPULSORY” |
| 14.Competition Mode | Using of PSS /ESS SYSTEM, IF NEED, MANNUAL MAY BE APPLIED. |
| 15.Uniform (Participants) | <u>Taekwondo Dobok(Uniform)</u> Kyorugi event:-White TKD Uniform Poomsae even:- Different Poomsae Uniform for respective age group/White TKD Uniform is also applicable. |
| 16.Uniform (Coach/Manager) | Coaches/Managers-Tracksuit & Sports Shoes(COMPULSORY) |
| 17.Coach Identity | Coach must enter the Contest Area with proper tracksuit, Sports Shoe & Coach ID Card issued by Organizing Committee. No coach will be allowed inside arena without Coach ID Card. |
| 18. Clinic for Technical Official | Referee clinic will be held at 6.00pm on 30-10-2025 (All Technical Official must wear Tracksuit during clinic) |
| 19.Official Meeting | Coaches & Managers Meeting will be held at 5.00PM On 30-10-2025 at Venue. |
| 20.Fooding | <i>Fooding will be provided by Organizing Committee from 31-10-2025 & 02-11-2025@Breakfast/lunch/Dinner.</i> |
| 21.Boarding | Organizer will provide the Dormitory type accommodation for Athletes/Coaches/Technical Officials/OTA Officials from 30 th October to 2 nd November Morning (8.00am)-2025. |

| | | | | | | |
|--------------------------------------|---|--------------------------------------|------------------------------|---------------|--------------|--|
| 22.Qualification | <u>Without registration of Athlete with OTA, No entry will be accepted at any cost.</u> 1. The copy of Corporation / Municipal Birth Certificate /Aadhar Card 2.Holder of Web ID issued by OTA. 3. Holder of Kukkiwon 1st Dan & above Black Belt Certificate. 4. Only Gold, Silver Medallists of District Championships-2025 will be allowed through District Association. | | | | | |
| 23.Age Fraud Certificate | The Participants should obtain Age Certificate from a Government Hospital Doctor and copy of same should be attached along-with the Application Form and should be shown in original at the time of Weigh-in. The participants, who have not obtained the AGE CERTIFICATE , will not be allowed to participate in the Championship. | | | | | |
| 24.Entry Fee | <table><tr><td>Competition Registration Fees</td><td>PER ATHLETE PER EVENT</td></tr><tr><td>2000/-</td><td>300/-</td></tr></table> | Competition Registration Fees | PER ATHLETE PER EVENT | 2000/- | 300/- | |
| Competition Registration Fees | PER ATHLETE PER EVENT | | | | | |
| 2000/- | 300/- | | | | | |
| 24.Team Entries | Players: Only Gold, Silver Medallists of Kyorugi & Poomsae event from <u>Official District Taekwondo Championships</u> conducted in the year 2025. <u>Each Club One Coach</u> District Association <u>For Kyorugi Event</u> 1. Coach-2, Manager-2 (One Female/ Attendant ,Coach/Manager/ Must accompany with team) <u>For Poomsae Event</u> 2. Coach-2, Manager-2 (One Female Coach/Manager Must accompany with team) | | | | | |
| 25.Equipments | a) The organizer will provide PSS-Chest guard, PSS- Head-Gear & Sensor Socks only. b) Super Sub Junior & Sub Junior must bring their own chest Guard/Head Guard/ all personal equipments b) The contestants should wear their own OTA/WT approved groin guard, forearm guard, Mouth Guard & shin guard compulsorily. c) <i>*COACHES MUST BRING THEIR OWN CHEST GUARDS/HEAD GUARDS FOR THEIR PLAYERS ALONGWITH OTHER PERSONAL EQUIPMENTS.</i> | | | | | |
| 26.Condition of Participations | a). ONLY Online Team Registration is accepted. b) <u>A Security Deposit of Rs.1000/-</u> should be deposited by each team at the time of Registration which will be refunded during departure after clearing any loss or damage cost of Stadium property, if any. | | | | | |

| 27. Classification of Results (Medal/Trophy) | <p>MEDALS will be awarded to the TOP FOUR ATHLETES in the respective classifications and weight divisions of the pertinent championships:</p> <table border="1" data-bbox="651 163 1275 427"> <tr> <th>POSITION</th><th>MEDAL</th></tr> <tr> <td>1st Place</td><td>Gold</td></tr> <tr> <td>2nd Place</td><td>Silver</td></tr> <tr> <td>3rd Place</td><td>Bronze</td></tr> <tr> <td>4th Place</td><td>Bronze</td></tr> </table> <p style="text-align: center;">TEAM AWARDS</p> <p>Based on the points system below, the Top Two Teams each from Kyorugi and Poomsae will receive trophies:-</p> <table border="1" data-bbox="627 573 1300 741"> <tr> <th>MEDAL</th><th>NO.OF POINTS AWARDED</th></tr> <tr> <td>For Gold Medal</td><td>120</td></tr> <tr> <td>For Silver Medal</td><td>50</td></tr> <tr> <td>For Bronze Medal</td><td>20</td></tr> </table> <p style="text-align: center;">Merit & Participation Certificate will be awarded to all Participants, Referees & Officials.</p> | POSITION | MEDAL | 1st Place | Gold | 2nd Place | Silver | 3rd Place | Bronze | 4th Place | Bronze | MEDAL | NO.OF POINTS AWARDED | For Gold Medal | 120 | For Silver Medal | 50 | For Bronze Medal | 20 |
|--|--|----------|-------|-----------|------|-----------|--------|-----------|--------|-----------|--------|-------|----------------------|----------------|-----|------------------|----|------------------|----|
| POSITION | MEDAL | | | | | | | | | | | | | | | | | | |
| 1st Place | Gold | | | | | | | | | | | | | | | | | | |
| 2nd Place | Silver | | | | | | | | | | | | | | | | | | |
| 3rd Place | Bronze | | | | | | | | | | | | | | | | | | |
| 4th Place | Bronze | | | | | | | | | | | | | | | | | | |
| MEDAL | NO.OF POINTS AWARDED | | | | | | | | | | | | | | | | | | |
| For Gold Medal | 120 | | | | | | | | | | | | | | | | | | |
| For Silver Medal | 50 | | | | | | | | | | | | | | | | | | |
| For Bronze Medal | 20 | | | | | | | | | | | | | | | | | | |
| 28. Appointment of Technical Officials | <p>The required number of Officials will be appointed from OTA. These Officials will be provided Boarding & Lodging (Hotel) on 30th (10.00am) October to 2nd November 2025 Morning 8.00am.</p> <p><u>Remuneration will be provided as per OTA norms & conditions</u></p> <p><u>Reporting Time of Technical Official:</u> 10.30AM on 30th October'2025</p> | | | | | | | | | | | | | | | | | | |
| 29. Indemnities | <p>It shall be full responsibility of the respective District Associations to ensure that their contestants have validly completed the participation forms and have them signed by the Parents / Guardian and Contestants indemnifying the organizers, the officials and other contestants from any claims of injuries, losses, fatal or otherwise arising in the course of participation in this championship or any activities thereto.</p> | | | | | | | | | | | | | | | | | | |
| 30. Medical Control | <p>a) Use of drugs or doping by any chemical substances prescribed in the WTF regulations for doping control is strongly prohibited.</p> <p>b) The OTA will carry out medical doping test among the winners at random sampling and any winner who refuses to undergo the testing or who proves to have committed a breach of this regulation shall be removed from the final standings, and a disciplinary action will be taken</p> | | | | | | | | | | | | | | | | | | |
| 31. Protest if any | <p>In case, there is objection towards a judgment, the concerned Coach / Manager must submit the protest application form together with prescribed fee of Rs. 1000.00 (non-refundable) to the board of arbitration within ten minutes after the pertinent contest. Deliberation will be done as per WT rules</p> | | | | | | | | | | | | | | | | | | |
| 32. Entry Fee Payment System | <p>The entry fee must be deposited by Cash at Registration Desk at venue on 30th October'2025.</p> | | | | | | | | | | | | | | | | | | |
| 33. Reporting Time | <p>All Players/Coaches/Managers 30th October'2025 at 1:00 PM</p> | | | | | | | | | | | | | | | | | | |

| | |
|---------------------|---|
| 34.Guardian/Parents | Guardians & Parents will NOT be allowed to stay with players and in STADIUM but They may be allowed to have fooding with Team by paying@ 500/- for Fooding if interest. |
| 35.WHATSAPP GROUP | OTA COACH & CLUB HEAD Whatsapp Group shall be used for this event to share update Information time to time as it requires. Everyone is requested to stay/update on information circulated in whatsapp group. |

Memorandum

OTA has reserves the right to make any changes or rectification in above outlines
If found necessary before the Championship.

[#WeAreOdishaTaekwondoAssociation](#)
[# WeAreTeamOdishaTaekwondoAssociation](#)
[#WeAreTeamOTA](#)

Odisha State Taekwondo Championship-2025

Date:30th October to 2nd November'2025

Venue:Jawaharlal Nehru Indoor Stadium,Cuttack

COMPETITITON SYLLABUS for POOMSAE EVENT

| Competition | Division | Compulsory Poomsae |
|--------------------------|--|--|
| SUPER SUB JUNIOR | | |
| Individual, Pair & Group | Taegeuk 1,2 | |
| SUB JUNIOR | | |
| Individual, Pair & Group | Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang | |
| CADET | | |
| Individual, Pair & Group | Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang,Taebak | |
| JUNIOR | | |
| Individual, Pair & Group | Taeguk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon | |
| SENIOR | | |
| INDIVIDUAL | Under 30 | Taegeuk 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin,Jitae |
| | Under 40 | |
| | Under 50 | Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon |
| | Under 60 | Koryo, Keumgang, Taeback Pyongwon, Shipjin, Jitae, Chonkwon, Hansu |
| | Under 65 | |
| Pair | Under 30 | Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin |
| | Over 30 | Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon |
| Team | Under 30 | Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin |
| | Over 30 | Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon |

Odisha State Taekwondo Championship-2025

Date:30th October to 2nd November 2025

WEIGHT CATEGORY for KYORUGI EVENT

SENIOR

| SR.NO | Weight Category | SENIOR MEN | Weight Category | SENIOR WOMEN |
|-------|-----------------|--------------------------------|-----------------|--------------------------------|
| 1 | Under 54kg | Not exceeding 54kg | Under 46kg | Not exceeding 46kg |
| 2 | Under 58kg | Over 54kg & not exceeding 58kg | Under 49kg | Over 46kg & not exceeding 49kg |
| 3 | Under 63kg | Over 58kg & not exceeding 63kg | Under 53kg | Over 49kg & not exceeding 53kg |
| 4 | Under 68kg | Over 63kg & not exceeding 68kg | Under 57kg | Over 53kg & not exceeding 57kg |
| 5 | Under 74kg | Over 68kg & not exceeding 74kg | Under 62kg | Over 57kg & not exceeding 62kg |
| 6 | Under 80kg | Over 74kg & not exceeding 80kg | Under 67kg | Over 62kg & not exceeding 67kg |
| 7 | Under 87kg | Over 80kg & not exceeding 87kg | Under 73kg | Over 67kg & not exceeding 73kg |
| 8 | Over 87kg | Over 87kg | Over 73kg | Over 73kg |

JUNIOR

| SR.NO | Weight Category | JUNIOR BOYS | Weight Category | JUNIOR GIRLS |
|-------|-----------------|--------------------------------|-----------------|--------------------------------|
| 1 | Under 45kg | Not exceeding 45kg | Under 42kg | Not exceeding 42kg |
| 2 | Under 48kg | Over 45kg & not exceeding 48kg | Under 44kg | Over 42kg & not exceeding 44kg |
| 3 | Under 51kg | Over 48kg & not exceeding 51kg | Under 46kg | Over 44kg & not exceeding 46kg |
| 4 | Under 55kg | Over 51kg & not exceeding 55kg | Under 49kg | Over 46kg & not exceeding 49kg |
| 5 | Under 59kg | Over 55kg & not exceeding 59kg | Under 52kg | Over 49kg & not exceeding 52kg |
| 6 | Under 63kg | Over 59kg & not exceeding 63kg | Under 55kg | Over 52kg & not exceeding 55kg |
| 7 | Under 68kg | Over 63kg & not exceeding 68kg | Under 59kg | Over 55kg & not exceeding 59kg |
| 8 | Under 73kg | Over 68kg & not exceeding 73kg | Under 63kg | Over 59kg & not exceeding 63kg |
| 9 | Under 78kg | Over 73kg & not exceeding 78kg | Under 68kg | Over 63kg & not exceeding 68kg |
| 10 | Over 78kg | Over 78kg | Over 68kg | Over 68kg |

CADET

| SR.NO | Weight Category | CADET BOYS | Weight Category | CADET GIRLS |
|-------|-----------------|---------------------------------|-----------------|---------------------------------|
| 1 | Under 33Kg | Not Exceeding 33Kg. | Under 29Kg | Not Exceeding 29Kg. |
| 2 | Under 37Kg | Over 33Kg & Not Exceeding 37Kg. | Under 33Kg | Over 29Kg & Not Exceeding 33Kg |
| 3 | Under 41Kg | Over 37Kg & Not Exceeding 41Kg. | Under 37Kg | Over 33Kg & Not Exceeding 37Kg |
| 4 | Under 45Kg | Over 41Kg & Not Exceeding 45Kg. | Under 41Kg | Over 37Kg & Not Exceeding 41Kg. |
| 5 | Under 49Kg | Over 45Kg & Not Exceeding 49Kg. | Under 44Kg | Over 41Kg & Not Exceeding 44Kg. |
| 6 | Under 53Kg | Over 49Kg & Not Exceeding 53Kg. | Under 47Kg | Over 44Kg & Not Exceeding 47Kg |
| 7 | Under 57Kg | Over 53Kg & Not Exceeding 57Kg. | Under 51Kg | Over 47Kg & Not Exceeding 51Kg. |
| 8 | Under 61Kg | Over 57Kg & Not Exceeding 61Kg. | Under 55Kg. | Over 51Kg & Not Exceeding 55Kg. |
| 9 | Under 65Kg | Over 61Kg & Not Exceeding 65Kg. | Under 59Kg. | Over 55Kg & Not Exceeding 59Kg. |
| 10 | Over 65Kg | Over 65Kg. | Over 59Kg. | Over 59Kg |

SUB JUNIOR

| SR.NO | Weight Category | SUB JUNIOR BOYS | Weight Category | SUB JUNIOR GIRLS |
|-------|-----------------|--------------------------------|-----------------|--------------------------------|
| 1 | Under 18kg | Not exceeding 18kg | Under 16kg | Not exceeding 16kg |
| 2 | Under 21kg | Over 18kg & Not exceeding 21kg | Under 18kg | Over 16kg & Not exceeding 18kg |
| 3 | Under 23kg | Over 21kg & Not exceeding 23kg | Under 20kg | Over 18kg & Not exceeding 20kg |
| 4 | Under 25kg | Over 23kg & Not exceeding 25kg | Under 22kg | Over 20kg & Not exceeding 22kg |
| 5 | Under 27kg | Over 25kg & Not exceeding 27kg | Under 24kg | Over 22kg & Not exceeding 24kg |
| 6 | Under 29kg | Over 27kg & Not exceeding 29kg | Under 26kg | Over 24kg & Not exceeding 26kg |
| 7 | Under 32kg | Over 29kg & Not exceeding 32kg | Under 29kg | Over 26kg & Not exceeding 29kg |
| 8 | Under 35kg | Over 32kg & Not exceeding 35kg | Under 32kg | Over 29kg & Not exceeding 32kg |
| 9 | Under 38kg | Over 35kg & Not exceeding 38kg | Under 35kg | Over 32kg & Not exceeding 35kg |
| 10 | Under 41kg | Over 38kg & Not exceeding 41kg | Under 38kg | Over 35kg & Not exceeding 38kg |
| 11 | Under 44kg | Over 41kg & Not exceeding 44kg | Under 41kg | Over 38kg & Not exceeding 41kg |
| 12 | Under 50kg | Over 44kg & Not exceeding 50kg | Under 47kg | Over 41kg & Not exceeding 47kg |
| 12 | Over 50kg | Over 50kg | Over 47kg | Over 47kg |

SUPER SUB JUNIOR

| SR.NO | Weight Category | SUB JUNIOR BOYS | Weight Category | SUB JUNIOR GIRLS |
|-------|-----------------|--------------------------------|-----------------|--------------------------------|
| 1 | Under 14kg | Not exceeding 14kg | Under 12kg | Not exceeding 12kg |
| 2 | Under 16kg | Over 14kg & Not exceeding 16kg | Under 14kg | Over 12kg & Not exceeding 14kg |
| 3 | Under 18kg | Over 16kg & Not exceeding 18kg | Under 16kg | Over 14kg & Not exceeding 16kg |
| 4 | Under 20kg | Over 18kg & Not exceeding 20kg | Under 18kg | Over 16kg & Not exceeding 18kg |
| 5 | Under 22kg | Over 20kg & Not exceeding 22kg | Under 20kg | Over 18kg & Not exceeding 20kg |
| 6 | Under 24kg | Over 22kg & Not exceeding 24kg | Under 22kg | Over 20kg & Not exceeding 22kg |
| 7 | Under 26kg | Over 24kg & Not exceeding 26kg | Under 24kg | Over 22kg & Not exceeding 24kg |
| 8 | Under 28kg | Over 26kg & Not exceeding 28kg | Under 26kg | Over 24kg & Not exceeding 26kg |
| 9 | Under 30kg | Over 28kg & Not exceeding 30kg | Under 28kg | Over 26kg & Not exceeding 28kg |
| 10 | Under 32kg | Over 30kg & Not exceeding 32kg | Under 30kg | Over 28kg & Not exceeding 30kg |
| 11 | Under 34kg | Over 32kg & Not exceeding 34kg | Under 32kg | Over 30kg & Not exceeding 32kg |
| 12 | Under 36kg | Over 34kg & Not exceeding 36kg | Under 34kg | Over 32kg & Not exceeding 34kg |
| 13 | Under 40kg | Over 36kg & Not exceeding 40kg | Under 39kg | Over 34kg & Not exceeding 39kg |
| 14 | Under 44kg | Over 40kg & Not exceeding 44kg | Under 42kg | Over 39kg & Not exceeding 42kg |
| 15 | Under 49kg | Over 44kg & Not exceeding 49kg | Under 46kg | Over 42kg & Not exceeding 46kg |
| 16 | Over 49kg | Over 49kg | Over 46kg | Over 46kg |

[#WeAreOdishaTaekwondoAssociation](#)
[# WeAreTeamOdishaTaekwondoAssociation](#)
[#WeAreTeamOTA](#)